



Ravensmead Primary School

Early Years Foundation Stage

Food and Drink Policy

- Before a child starts Reception/Nursery, parents are asked to fill out a form outlining their child's dietary needs and any food allergies. Records are stored in the school office.
- Parents are encouraged to update the forms when necessary to ensure that our records of their child's dietary needs, including any allergies are up to date.
- We take care not to provide food containing nuts or nut products and are especially vigilant where we have a child who has a known allergy to nuts. A Care plan will be in place for any child with an allergy.
- Fruit and vegetables are healthy foods and children are provided with a piece of fruit or vegetable to eat each morning in Reception, and during each session in the Nursery.
- For children who drink milk, we provide semi skimmed pasteurised milk. For those who have allergies to milk, parents/carers are asked to provide milk alternatives e.g. Soya milk.
- Children who do not wish to drink milk on some occasions are encouraged to drink water.
- All children are encouraged to bring water bottles to school each day.
- Water fountains are freely available for all children throughout the school/Nursery day.
- Children are discouraged from bringing snacks into school.
- School meals support and encourage healthy eating.
- Adults do not place hot drinks within reach of children.
- All Reception aged children are part of the "Universal Free School meals" incentive and are entitled to a school dinner. If the children choose to have sandwiches parents are encouraged to provide their child with healthy food options in their lunch boxes, including sandwiches with a healthy filling and fruit or vegetables. We discourage sweets and fizzy drinks.

Agreed by the Personnel/Curriculum Sub Committee at its meeting on

Signed (Chair of Personnel/Curriculum Sub Committee) T. Wilde

Date

Signed (Headteacher) D. Bell

Date

Review Date: September, 2017

